

GIFTED TOGETHER

DBT SKILLS FOR GIFTED YOUTH AND FAMILIES

A Dialectical Behavior Therapy psycho-educational skills group for 12-18 year olds and parents. Together we will learn to use DBT skills in a way that supports the giftedness that shows up in our families.

***THURSDAYS 3:30-5PM
STARTING AUGUST 1ST
NORTH BALLARD
\$75 FOR PARENT AND CHILD***

For more information email
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